



Iqra Educational Institute

SDA Colony Bemina, Srinagar

Circular No.Ext-05-2024-2025

Date: 02-06-2025

Students Indiscipline Causes and Remedies **(Counseling)**

The issue of students indiscipline is age old problem, but its amplification is a concern. “Student thy name is mischief”-R.L. Stevenson Mischief among school going children is not abnormal behavior. There are many factors that have given fuel to the fire.

1. Pan-world cataclysm in temporal values and artificial glamour of negative imaging in these values has displayed an illusive panorama that attracts the young people and has a mesmerizing effect.
2. Lack of required, wise and moral parenting is another issue. Either parents are not aware of their duties and responsibilities towards their children or they can't find time from their busy-for-nothing schedule for their children. They are busy in earning but are not wise in spending that makes their job almost of disuse.
3. Absence of experienced elders, preferably grandparents to cultivate and advocate moral behavior among the young folk. There is a trend of disintegrated families. People prefer to be in nuclear families. Isolating the elders, seems to be an emancipating factor to people, not visualizing the loss that people encounter by this isolating imagination. When we look keenly, the repercussions of this isolations, We are shunning away the golden opportunities that could streamline not only our children but ourselves also from the mislead paths and mismanaged life. This disorganization has disintegrated our families.
4. Peer-group navigation, students are not wise enough to select their friends and acquaintances. They get quickly attached to any Tom, Dick or Harry that comes its way. They get highly influenced by each other

whatever may be the route of navigation. Most of the times they find it enjoying to be crime partners.

5. Electronic media is another facility available to the students that needs handling with utmost care, which they do not do. They are basically not able to handle it as it ought to be. The intensity of being inclined to the forbidden is high in momentum and with high frequency. They knowingly or unknowingly get addicted to the electronic devices.
6. All these things need to be taken cognizance of and there is nobody to bell the cat. Every stakeholder asks himself “why me?” No one has conscience enough to say “Why not me?” & “ if not me who else?”. The matter rests there and each of us trying to save our skin.

The teachers are also one of the stakeholders in shaping the personality of the children. Let us take the initiative and hope that Allah (SWT) will help us in doing our job well and He will give us success in our efforts In-Sha-Allah.

We have devised a three tier counseling system for the students of the institution. It is not out of place to mention here that it is obligatory that we involve the parents in the process of correcting measures of the children. The administration will call the parents in small groups and discuss the matter with them. The schedule will be formed and parents informed accordingly.

The main factors that would be dealt within the counseling sessions will include the deviations in the behavior of students with regard to:

- i. Interrelationship of parent-child.
- ii. Social and emotional imbalances.
- iii. Teacher-student behavior disorder.
- iv. Disturbances and lack of proper mental health.
- v. Academic pressures and stress and its remedies in view of National Education Policy 2020.
- vi. Addiction to social media negative aspects.
- vii. Mis-use of electronic media.
- viii. Decisive steps taken by students without giving a proper thought to it.
- ix. Teacher-student-parent relationship gaps.
- x. Friendship Navigation flaws and lacunas.

- xi.** Learning gaps in view of outcomes and skills.
- xii.** Emphasis on skill knowledge rather than theoretical concepts.
- xiii.** Open-minded, stress free leaning environment.
- xiv.** Requirement of a rapport between Parents-children and teachers.

However, the counseling tiers will be as follows:

- 1. Class Counseling.**
- 2. Specific Group Counseling.**
- 3. Individual case to case Counseling.**

1. Schedule of Class Counseling 2025

S.No	Date	Classes
1	20-05-2025	10 th Pink / Yellow
2	21-05-2025	9 th Pink
3	22-05-2025	8 th Pink
4	24-05-2025	7 th Pink
5	26-05-2025	6 th Pink / Yellow
6	27-05-2025	5 th Pink / Yellow
7	28-05-2025	10 th Green / Blue, 9 th Green / Blue
8	29-05-2025	8 th Green / Blue, 7 th Green / Blue
9	31-05-2025	(1 st Phase) 6 th Green / Blue, 5 th Green / Blue (2 nd Phase) 4 th Green / Blue
10	02-06-2025	(1 st Phase) 4 th Pink / Yellow Absenties on 31-05-2025
11	04-06-2025	(1 st Phase) 3 rd Pink/ Yellow / Green / Blue (2 nd Phase) 2 nd Pink / Green / Blue / Yellow

2. Specific Group Counseling 2025

In response to the concern displayed by the administration regarding the indiscipline and deviation in the behavioral status of some students showing behavioral deviation, it was felt necessary that these children need immediate counseling.

The urgency of the action was felt gravely and as such following schedule was devised to deal with it.

In phase I: the identified students of each class who have one or the other kind of disciplinary deviation should be dealt first, as such the following schedule of counseling was framed in order to try to bring these students on to the main stream.

